

HELLO EVERYBODY! Just a few words about all the exciting things happening all around us. First of all many thanks to those who have taken interest in the newsletter. Please feel free to write in and tell us what you would like to see in this newsletter and a few things about yourself. The last newsletter was slow in coming out due to the difficulty in arranging the results for printing. This letter is out less than a week after the last club meeting. Our club meetings which are unless otherwise stated held on the first monday of each month at the Transport Union Rooms in Midleton at 8.15 all officers are expected to attend and all members are welcome. The ladies are beginning to attend them but I would like to see someone from Youghal and Cobh there on a regular basis.

CARRIGALINE: There was much controversy at county board level about athletes who had partaken in the sports or road race on All-Ireland day in September. On the Wednesday before the meeting a phone call was made to me by the senior board asking me as Chairperson of BLEOE would I dissociate BLEOE from it. On consultation with the vice chairperson we decided that since there was no NAICI permit and that it was requested off us in the usual manner we wouldn't dissociate ourselves from it. The senior board put a notice in the paper stating that it did not have a BLE permit. They changed their statement due to the Cork Examiner refusing to print their original one of 'dissociating' BLE from the meeting. This news didn't reach many of the athletes and the board realise this and the fact that the meeting wasn't a straight forward NACAI meeting but that the organisers pulled a fast one on them. Due to that fact a permit for next year has been turned down. The board meetings were interesting in that three or four people in officialdom - some very high up - were looking for blood. They wanted all the athletes suspended, the prizes to be given back, no international competition for these athletes etc. One of them - even though not a member of the board nor even a delegate of a club in Cork compiled a list of the names from the paper and gave them to the board. The matter has now been dropped but the board want all athletes to support them in promoting the good of the association in the county. Bandon AC feel very strong on this matter since the NACAI are pushing hard down there and playing all sorts of dirty tricks on the local club and we should all lend our support to Bandon AC. A motion banning all joint permits was passed at the Cork BLE convention and will now go before National AGM in Limerick at the end of this month. All East Cork athletes will as before continue to be loyal and support the association and avoid situations where they might seem not to be doing this.

EAST CORK CHAMPIONSHIPS: It was with sadness that I read a report in the ECHO about the Midleton AC AGM during which the former starter for the East Cork Region criticised our alleged behaviour at these championships. We discussed this at our meeting and found on investigation that much of what was in the paper wasn't true. It was true that some of our members didn't wear the club singlet and rightly we are to be criticised for that but it shows naked dislike when that criticism is not extended to the other three clubs - Youghal, Midleton and St Nicholas - some of whose members didn't wear their club singlets either. Four clubs ran in the championship - Midleton, Youghal, St Nicholas and ourselves - that leaves only Carrignavar and they don't have enough athletes to run in the race. To state two clubs withdrew is false and even if it were true it has more to do with being against us than our behaviour, alleged or real, on the day. It was reported in the East Cork News and Star that the athletes were laughing and joking before the race. Since when is it a crime to enjoy ones sport. The club is writing to the Echo and to the East Cork Board about the matter. The real question however is how a report of an AGM got into two newspapers. The person who put them in is obviously trying to show the club in a bad light. A prominent member of the press in East Cork has said that all those athletes in East Cork should have joined the Midleton club and in that way it would have been acceptable to Midleton AC. What about the other clubs? Narrow minded parochial attitudes dominate the thinking of many people in athletics in East Cork. It is up to you, fellow club mate, to try and break these down. Be kind and courteous and avoid mut slinging. Remember he who throws mud gets dirty hands.

TRANSFERS: We would like to welcome into the club - Patrick O'Connor formerly of CROOM AC who is from Limerick and is attending school in Carmelite College Castlemartyr. Welcome also to John O'Donovan of Carrignavar AC, Darra O'Driscoll, Roy Collins, and Pat Smith of Cobh and Nial O'Keefe of Ballycotton. All these are Juniors. Welcome also to Eric Meade - a brother of Bryan. Finbarr, our registrar, tells me that there are a number of lady joggers that are interested in joining and we look forward to them joining us as non-BLE members but full

members of the club. There are other new members but as yet I don't have the full list but I will include them in the next newsletter.

AGM: The AGM was held in September in Midleton. The following are the club officers.

Chairman:	Fr Liam O'Brien	Vicechairman:	Dan McCarthy
Secretary:	Paul Mulholland	Competition Secretary:	Liam O'Brien
Treasurer:	Tommy Hartnett	Registrar:	Finbarr Horgan
Ladies Captain:	Eileen Prunty	Men's Captain:	Denis McCarthy
PRO:	Finbarr Horgan		
Delegate East Cork:	Bryan Meade	Delegate Cork BLE:	Fr Liam O'Brien

ATHLETIC GEAR: Club singlets are now available for men and women. If you are interested we have some T-shirts done in the club colours and some sweatshirts are on order. Contact Johnny Waishe. If you wish to see what the sweatshirts look like take a look at my chest. At the moment I am the proud wearer of the only club sweatshirt in existence. At the going to press I don't have an exact price but they all are between £6 to £8 in price. They might even be cheaper but the exact price will be got from Johnny Walsh.

FINANCIAL REPORT: The financial situation of the club at the end of the year 1986 is a credit balance of £197.35

Income:		Expenditure:	
club membership fees	210.00	BLE affiliation fees:	122.00
Draw	30.00	Club Insurance	92.70
Road Race Sponsorship	266.00	National League Fees:	80.00
Road Race Entries	239.00	Road Race Expenses	260.00
Club Vests	144.00	Club Vests	144.00
		Bank Expenses	2.95
Total	<u>889.00</u>		<u>701.65</u>

I would like to thank Tom our treasurer for his work during the year and would like to impress upon all club members the need to look for sponsorship etc for the club since we don't have a large amount of money. All events that the club promote must be supported by all members so that financially we will be a viable unit. Get your registrations into the club so that we can have them all settled before Christmas.

TRAINING: This takes place every Wednesday at 7.15 from Miditon CBS. It is a long road run and the good, the fair and the weak go on it. The ladies also train here. The hill session is at Welshtown Wood north of Midleton on Saturdays at 11 am. There is a lift to the woods from Midleton for anybody who wants it at 10.40 - contact Jerry Wallace telephone 631652. Circuit training is at 7.30 at Midleton AC and any Track and Field people who want to come to this are most welcome. In Carrignavar there is a circuit session in the college gym at 5.45 pm on Tuesdays and sprinters drills etc at the same time on Thursdays. There is also a circuit session in the gym in Colaiste an Phiarsaig, Glanmire on Thursdays at 7.30. Contact me if you want to partake in the Carrignavar or Glanmire sessions. Liam O'Brien wants anybody who wants a training program or advice with their training to approach him and make their needs known. He will be quite happy to help and coach them.

ENTRIES INTO CHAMPIONSHIPS: After a little discussion at the AGM it was decided that all athletes would be responsible for informing the competition secretary of what they wanted to enter in. You must contact the comp. secretary to let them know that you want to be entered. Liam O'Brien's number during school time is 631555. Also it was agreed that in team competition all members of a team would pay a fee of £1 to help cut the cost of competition to the club.

KERRY WEEKEND: During the bank holiday nine members of the club spent the Fri to Monday training on the strand at Inch and stayed in a house down there. All present enjoyed themselves so much that it is hoped to run another training session there immediately after Christmas. Total cost for accommodation and food was around £10. If you are interested in going during Christmas let us know so that we can start preparing for it.

FIXTURES: November

- 9th Munster Novice Grange 2 pm
- 13th Churchtown South Full Moon 2 mile run starting 8 pm
- 16th Tullamore Road Races
- 23rd Munster Intermediate Lismore
- 28/29th Coaching course Regional College -Sprints/Hurdles/Jumps - Start 7 pm
- 30th East Cork Leagues

December

- 1st Club meeting 8.15 Transport Union offices all welcome
 - 7th Senior, Ladies and Junior Cross Country County Championships Carrignavar
 - Junior 7,500 m 2.00 pm
 - Ladies 5,000 m 2.30 pm
 - Men 10,000 m 3.00 pm
 - 11th Churchtown South Full moon 2 mile run 8 pm
 - 14th National BLOE Thuries 1 pm
 - 21st Intercounty Cross Country
 - 26th Farranfere Road Race
 - 31st Youghal 4 mile road race
- January 1987
- 10th Fermoy International (on a Saturday)
 - 11th County Novice B
 - 18th Munster Senior, Ladies and Junior
 - 18th Youghal Novice Cross Country
- February 1987
- 7/15th South Munster Colleges
 - 8th National Intermediate
 - 15th/21st Munster Colleges (College dates are only provisional)
 - 22nd National Inter Club

COACHING COURSE: This takes place in the Regional College for two days - a Friday starting at 7 pm and a Saturday starting at 10 am. Fee is £10. The events are sprints, hurdles and jumps and all non-juvenile athletes are welcome as well as any body interested in coaching. If going so if you want any other information you can contact me - 884104.

LETTERS: Write to me at the College in Carrignavar about how you would like to see improvements in the newsletter.